Program March 26th

9h00 Welcome & Introduction
auditorium P. Brouwer

9h15 “Pain science: it's all about behaviour!” Keynote lecture

Johan W.S. Vlaeyen (PhD), Professor in Health Psychology, University of Leuven, Belgium & Maastricht University, the Netherlands
auditorium P. Brouwer

10h15 Parallel sessions with lectures by PhD researchers

Session 1: Treatment studies
Chair: C.P. van Wilgen – the Netherlands
auditorium P. Brouwer

“Emotion and Information: What is effective reassurance in Low Back Pain Consultations?”
Nicola Holt – United Kingdom

“Preoperative Pain Neuroscience Education for Lumbar Radiculopathy”
Adriaan Louw – South Africa & U.S.A.

“Defensive Coping Styles in a Chronic Musculoskeletal Pain population”
Zoe Franklin – United Kingdom

Session 2: Psychology research
Chair: S. Van Damme – Belgium
auditorium 5

“Influence of emotional stress on pain”
Linda Hermans - Belgium

“What trait anxiety and sensory processing profile characteristics do patients with non-specific chronic low back pain with central sensitisation pain have? Pilot Study”
Jacqui Clarck – New Zealand & U.K.

11h15 Coffee break

11h45 “Research methods to critically appraise measurement proprieties in pain measurement” Keynote lecture

Raymond Ostelo (PhD), Professor Evidence Based Physiotherapy, University Amsterdam, the Netherlands
auditorium P. Brouwer

12h45 Lunch break
14h00 **Parallel sessions** with lectures by PhD researchers

**Session 3: Treatment studies**
Chair: L. Voogt – the Netherlands
*auditorium P. Brouwer*

- **14h00** “PREvention STudy On preventing or reducing disability from musculoskeletal complaints in conservatory students (PRESTO): protocol of a randomised controlled trial”
  Vera Baadjou – the Netherlands

- **14h20** “Study protocol “back on track”; chronic low back pain rehabilitation program in primary care”
  Reni van Erp – the Netherlands

- **14h40** “2B Active: Outpatient rehabilitation for adolescents with chronic pain”
  Carolien Dekker – the Netherlands

**Session 4: Literature reviews**
Chair: M. Moens – Belgium
*auditorium 5*

- **14h00** “Structural and functional brain abnormalities in chronic low back pain: A systematic review”
  Jeroen Kregel – Belgium & the Netherlands

- **14h20** “Unraveling the deconditioning paradigm in chronic low back pain: a systematic review”
  Bart Pepels – the Netherlands

- **14h40** “Sensorimotor incongruence and visual feedback in patients with musculoskeletal pain: a systematic review”
  Sanneke Don – Belgium & the Netherlands

- **15h00** “Investigating analgesic effects of multisensory illusions in hand osteoarthritis”
  Kristy Themelis – United Kingdom

**15h30** Two ‘Meet the Expert’-sessions in parallel

**Johan Vlaeyen** *auditorium P. Brouwer*

**Raymond Ostelo** *auditorium 5*

**16h30 End of day 1**

**Social program**
Program March 27th

9h00 “To study pain mechanisms without invasive methods: What can we learn from combining genetics, imaging and pain testing?” Keynote lecture

Eva Kosek (MD, PhD), Associate professor at the department of clinical neuroscience, Karolinska Institute, Stockholm, Sweden
auditorium P. Brouwer

10h00 Parallel sessions with lectures by PhD researchers

**Session 5: Psychology & assessment**
Chair: P. Vaes - Belgium

- 10h00 “Design of an experience sampling study on predictors of mood fluctuations in chronic migraine patients”
  Yvette Ciere – the Netherlands

- 10h20 “The validity and reliability of a breast pain diary for women with cyclic breast pain”
  Emma Burnett – United Kingdom

**Session 6: Pain mechanisms studies**
Chair: F. Camu - Belgium

- 10h00 “Cognitive performance is related to central sensitization in patients with chronic whiplash-associated disorders and fibromyalgia: A case-control study”
  Iris Coppieters – Belgium

- 10h20 “Exercise induced analgesia in people with osteoarthritis of the knee”
  Caitriona Fingleton – Ireland

- 10h40 “What is important in pain education? The experience of patients with chronic pain”
  Amarns Wijma – Belgium & the Netherlands

- 11h00 “Living well with chronic pain - Classical grounded theory”
  Bronwyn Lennox Thompson – New Zealand

- 11h00 “Development of a core outcome set for Clinical trials in non-specific low back pain”
  Alessandro Chiarotto – Italy/the Netherlands

11h20 Coffee break

11h50 ‘Meet the Expert’-session with Eva Kosek auditorium P. Brouwer

12h50 Lunch break
14h00 Plenary session “East meets West in Pain science” sponsored by Wuhan Union Hospital - China
Chairs: S. Yao – China & B. Morlion – Belgium
Organized by the Scientific Committee in collaboration with L. Shi

14h00 “The challenges in chronic pain management in Europe” Keynote lecture

Bart Morlion (MD, PhD), Director of the Leuven Center for Algology & Pain Management, University Hospitals Leuven, KU Leuven, Belgium; Hon. Assoc. Professor, University of Groningen, The Netherlands; President-elect European Pain Federation EFIC

14h30 “A variety of minimal and non-invasive procedure for chronic pain management in Shenzhen”
L. Xiao – China

15h00 “Hyperpolarization-activated cyclic nucleotide-gated (HCN) channels and Pain”
X. Chen – China

15h20 “Human brain responses to concomitant stimulation of aδ and c nociceptors”
L. Hu – China

15h40 “A multi-center study of teaching the public about pain science”
A. Louw – South Africa & USA

16h00 “East meets West in pain science: how optimizing collaboration?”
Discussion with the audience led by S. Yao & B. Morlion

16h30 Prize winner announcements: Best Oral Presentation & Best Abstract

17h00 End of Colloquium